SARASOTA IVDOCTORS

SARASOTA IV DOCTORS

IV therapy and concierge medicine guide

Physician-supervised mobile IV therapy serving the greater Sarasota-Bradenton area. Founded by Dr. Nikash Patel, MD, a board-certified internist with 15+ years of hospital experience.



HOW TO USE THIS GUIDE

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A MEDICAL PRACTICE THAT COMES TO YOU

Dr. Nikash Patel, MD

Founder & Medical Director

We are not a drip bar. Sarasota IV Doctors is a physician-supervised mobile practice where every IV is reviewed, customized, and overseen by a board-certified internist.

BOARD-CERTIFIED	RESIDENCY	EXPERIENCE	FOUNDED
Internal Medicine	Medstar Union Memorial Hospital, Baltimore	15+ years hospital-based	Sarasota IV Doctors, 2024

Over 15 years of hospital-based practice across multiple states, he developed deep expertise in fluid management, nutritional support, and acute care.

He built a mobile practice that brings hospital-grade IV therapy directly to patients throughout the Sarasota-Bradenton area. There are no waiting rooms and no hospital markups, just a physician who knows what he is doing, working around your schedule.

> **"I started this practice because I saw too many people who could benefit from IV therapy but had no reasonable way to access it. Now they can get the same quality of care I provided in the hospital, right in their living room."**

Dr. Patel is licensed to practice in multiple states and maintains active board certification in internal medicine. He directly oversees every treatment administered by the Sarasota IV Doctors clinical team.

WE COME TO YOU

How a mobile visit works

1 Book

Call, text, or book through our website. We offer same-day and next-day appointments and handle group bookings for events and corporate retreats.

2 Health screening

No prescription or referral needed. We do a quick health screening before your first session to review medications and allergies.

3 Your visit

A licensed medical professional shows up at your location with everything needed: pharmaceutical-grade IV solutions, sterile gear, and monitoring tools.

4 Who treats you

Licensed medical professionals only. That includes Dr. Patel (MD), registered nurses, APRNs, and certified phlebotomists.

Where we come to you

- Private homes
- Hotels and resorts
- Vacation rentals
- Offices
- Boats and yachts
- Gyms and event venues

Sarasota IV Doctors provides mobile IV therapy in Sarasota, Bradenton, Siesta Key, Lakewood Ranch, Longboat Key, and Venice across the Sarasota-Bradenton metro, plus Lakeland in Polk County.

How to prepare

- Eat a light meal or snack beforehand
- Stay reasonably hydrated
- Wear a short-sleeved shirt



Illustrative image

PUBLISHED PRICING

IV therapy cost in Sarasota

Transparent, physician-supervised pricing. Visit us in-house in Sarasota, or we bring it to your home, hotel, office, or boat. No membership required to book.

HYDRATION & RECOVERY

Core IV Treatments

From $149 in-house

or from $200 mobile

Hangover recovery, hydration, daily wellness, migraine, and similar single-session infusions.

MOST POPULAR

Myers' Cocktail

$175

The classic multi-vitamin and mineral IV for energy, immunity, and general wellness.

LONGEVITY

NAD+ Infusion

From $200 intro

200 mg starter dose

Slow-drip NAD+ for cellular wellness. Priced by dose; multi-session packages available.

Add-on vitamins, minerals, and medications can be included in any treatment. Dr. Patel builds the right formula during your consultation. Group and event pricing available for bachelor / bachelorette and corporate bookings.

What goes into the price

PHYSICIAN SUPERVISION	Every infusion is reviewed and overseen by Dr. Nikash Patel, a board-certified internist, not a drip-bar technician. You're paying for medical judgment, not just fluids.
IN-HOUSE OR WE COME TO YOU	Visit us in-house at 2100 S Tamiami Trl, Sarasota, FL 34239 from $149, or we bring it to your home, hotel, office, or boat from $200. The difference is the come-to-you convenience.
YOUR CUSTOM FORMULA	Base treatments include core ingredients; add-ons (B12, glutathione, extra magnesium, anti-nausea, and more) are priced individually so you only pay for what you need.

IV TREATMENT

Classic Hangover



Illustrative image

Get back to feeling yourself with physician-grade relief delivered to your door.

SESSION

60 min base

What's inside

- Saline or Lactated Ringers
- Thiamine
- Folic Acid
- Magnesium
- Zofran/Compazine

Add-ons: Toradol/Tylenol, optional oxygen therapy

How It Helps

After a night out in Sarasota, your body is dealing with dehydration, vitamin depletion, and inflammation.

Dr. Patel personally reviews your health history and customizes the formula to address your specific symptoms. This is not a one-size-fits-all drip bar treatment.

Why the morning-after misery is mostly chemistry

A hangover is not just dehydration. Alcohol blocks the hormone that tells your kidneys to hold water, so you lose fluid and electrolytes faster than you replace them, and the byproducts your liver makes while clearing alcohol drive the nausea, headache, and that wrung-out feeling. Drinking water the next morning helps, but it addresses only one part of the problem and absorbs slowly.

IV TREATMENT

Heatstroke & Dehydration



Illustrative image

Florida heat is no joke. Dehydration causes fatigue, muscle cramps, and confusion.

SESSION
60-90 min

What's inside

- Saline or Lactated Ringers
- Thiamine
- Folic Acid
- Magnesium

Add-ons: optional oxygen therapy

How It Helps

Living in Sarasota means dealing with intense heat and humidity for much of the year. Whether you spent the day at Siesta Key, working outdoors, or simply underestimated the Florida sun, dehydration can escalate quickly into headaches, dizziness, nausea, and dangerously elevated body temperature.

When heat illness is an emergency

Most heat cases we see in Sarasota are heat exhaustion: heavy sweating, headache, cramps, and lightheadedness that respond well to rapid IV rehydration. True heatstroke is different, and it is a medical emergency. If someone has a body temperature above 103°F, hot dry skin or has stopped sweating, confusion or slurred speech, fainting, or a seizure, call 911 first. IV therapy is for recovery and prevention, not a substitute for emergency care when those red flags are present.

IV TREATMENT

Athlete's Hangover



Illustrative image

Built for athletes and weekend warriors dealing with muscle and joint soreness, cramps, and sprains.

SESSION
60 min

What's inside

- Saline or Lactated Ringers
- Thiamine
- Folic Acid
- Magnesium
- B12

Add-ons: Toradol/Tylenol, Methylprednisolone, oxygen therapy, glucometer testing

How It Helps

Whether you pushed too hard at the gym, spent the weekend playing beach volleyball, or finished a half marathon in the Florida heat, your body needs more than rest.

This is a comprehensive recovery protocol, not just hydration.

Sore is normal, sharp is not

The dull, all-over ache a day or two after a hard effort is delayed onset muscle soreness, and that is exactly what this IV is built to ease. What it is not built for is a specific injury. Sharp or localized joint pain, swelling, a pop you felt at the time, or pain that gets worse instead of better over a few days are signs to get evaluated rather than infused. Part of having a physician run the visit is that Dr. Patel will tell you when a drip is the wrong answer.

IV TREATMENT

Travel Hangover / Jet Lag



Illustrative image

Delivered to your hotel or Airbnb. Fights fatigue, difficulty concentrating, digestive problems, and the anxiety that comes with long travel days.

SESSION
60 min

What's inside

- Saline or Lactated Ringers
- Thiamine
- Folic Acid
- Magnesium
- B12

Add-ons: Methylprednisolone, oxygen therapy

How It Helps

Long flights, time zone changes, and cramped travel leave your body depleted.

Dr. Patel can treat you at your hotel, Airbnb, vacation rental, or even at the dock before you head out on the water.

What a drip fixes, and what only time does

Jet lag is really two problems. One is the dehydration and depletion from a long flight: cabin air, alcohol, missed meals, and bad sleep. That part responds quickly to fluids, electrolytes, and B vitamins, which is what this IV addresses. The other part is your body clock being set to the wrong time zone, and no infusion resets that. Morning light, daylight exposure, and a night or two of normal sleep do. The honest version is that the drip gets you functional fast while your clock catches up, not that it erases jet lag.

Sarasota runs on arrivals. Snowbirds landing for the season, families flying into SRQ or Tampa for a Gulf vacation, and guests showing up for a charter or a wedding weekend.

IV TREATMENT

Motion Sickness



Illustrative image

Whether it hit you on the boat, in the car, or on a flight, motion sickness can ruin your plans.

SESSION
45–60 min

What's inside

- Saline or Lactated Ringers
- Vitamin B6
- Zofran/Compazine
- Methylprednisolone
- Magnesium
- Oxygen Therapy

How It Helps

Motion sickness happens when your brain receives conflicting signals from your eyes, inner ear, and body.

For boaters, the dock beats the doctor's office

This is a Gulf Coast problem more than most. A half day offshore on a charter, a tarpon trip, or a family outing on the water can leave the whole group green by the ride back, and seasickness is miserable in a way that ruins the rest of the day. The most useful timing is often before you sail or right when you step off, at the marina, instead of trying to push through it on the boat.

One caveat worth saying out loud: brief motion sickness is normal, but recurring vertigo, spinning, or balance trouble that shows up without any motion is a different issue that points to the inner ear, not a boat. That is worth a real evaluation rather than an IV, and the physician screening at the start of every visit is there to catch that distinction.

IV TREATMENT

PMS Relief



Illustrative image

Targeted relief for cramps, nausea, and the discomfort that comes with your cycle. Physician-grade anti-inflammatory and anti-nausea medications combined with hydration and vitamin support.

SESSION
45-60 min

What's inside

- Saline or Lactated Ringers
- Toradol
- Vitamin B6
- Zofran
- Oxygen Therapy

How It Helps

PMS symptoms range from manageable to debilitating.

Dr. Patel adjusts the formulation based on your specific symptoms.

When cramps deserve more than symptom relief

This IV is for the bad month: the cramps that a heating pad and ibuprofen are not touching, when you need to function today. What it is not is a diagnosis. Pain that is severe enough to keep you home every cycle, periods that have suddenly changed, or bleeding that is much heavier than your normal are worth a proper evaluation, because conditions like endometriosis and fibroids are common and treatable once identified.

IV TREATMENT

Sunburns



Illustrative image

Sometimes paradise makes you pay. After a day at the beach or out on the boat, sun exposure can leave you dealing with skin discomfort and even sun poisoning.

SESSION
45-60 min

What's inside

- Saline or Lactated Ringers
- Toradol/Tylenol
- Vitamin B1
- Folic Acid
- Vitamin E Topical

How It Helps

Sunburns damage skin cells and trigger an inflammatory response that causes pain, redness, and peeling.

Sunburn versus sun poisoning

A red, sore burn is one thing. Sun poisoning is the next level, and in Florida it is common: fever, chills, nausea, headache, and dehydration on top of the burn, often after a long unprotected day on the water or the beach. That systemic reaction is where IV fluids and anti-inflammatories earn their keep, because you are treating the whole-body effect, not just the skin. Blistering over a large area, confusion, fainting, or a high fever go past what a drip should handle and into urgent-care territory, and we will tell you if that is what we are seeing.

If a big sun day is coming, hydrating before and after does more than any after-the-fact fix, but when you have already overdone it, we come to the hotel, home, or dock.

IV TREATMENT

Food Poisoning



Illustrative image

Stomach pain, fever, nausea, vomiting, and diarrhea can leave you completely drained.

SESSION
60 min

What's inside

- Saline or Lactated Ringers
- Zofran/Compazine
- Tylenol
- Magnesium

How It Helps

Food poisoning strikes fast and leaves you unable to keep anything down.

Dr. Patel tailors the treatment based on symptom severity and your medical history.

When it is dehydration, and when it is more

Most food poisoning is your body clearing something out, and the real danger is the dehydration that comes with it, especially when you cannot keep water down. That is exactly the gap IV fluids close. Having a physician administer it matters here, because a few symptoms mean it is no longer a stay-home situation: blood in vomit or stool, a high fever, signs of serious dehydration like no urination or confusion, or symptoms dragging past a couple of days. Dr. Patel screens for those and will send you on for higher-level care rather than just running fluids if that is what the picture calls for.

IV TREATMENT

Migraine Support & Headache



Illustrative image

Nobody wants to miss out on Sarasota's beautiful sunny days because of a migraine.

SESSION
60 min

What's inside

- Saline or Lactated Ringers
- Magnesium
- Tylenol
- Espresso Drink
- Physician-Only Medications
- Oxygen Therapy

How It Helps

Migraines are more than just bad headaches. Light sensitivity, nausea, throbbing pain, and visual disturbances can make it impossible to function. Over-the-counter medications often fall short, and by the time a migraine peaks, your stomach may not absorb oral medications effectively.

A headache that is not your usual migraine

Because a physician runs every visit, screening comes first. If your headache is the worst you have ever had and came on like a thunderclap in seconds, or it arrives with fever and a stiff neck, weakness or numbness on one side, trouble speaking, vision loss, or follows a head injury, that is not a migraine to treat at home. Those are signs to seek emergency care, and we will tell you so rather than start an infusion. The migraine drip is for a known, familiar headache pattern, not for a sudden change in your normal headaches.

IV TREATMENT

Daily Wellness



Illustrative image

A great boost to a slow day. This treatment should not be overused, but when you need a pick-me-up, our Daily Wellness IV delivers hydration and vitamins with a full menu of add-ons available.

SESSION
60 min

ADD-ONS
3 add-ons included

What's inside

- Saline or Lactated Ringers
- Full Add-On Menu Available

How It Helps

Not every IV treatment needs to target a specific condition. On a low-energy day, a round of hydration and vitamins can be enough. The Daily Wellness IV starts with a hydration base and gives you access to our full add-on menu, so you can customize the treatment based on how you are feeling that day.

Dr. Patel works with you to build the right combination.

Useful, with an honest ceiling

We will say the quiet part: IV vitamins are not a cure for being tired, and a drip cannot out-run poor sleep, dehydration as a habit, or an untreated medical issue.

That is also why this one is built as occasional support, not a standing weekly fixture. If you find yourself wanting it constantly, the more useful conversation is why your baseline energy is low, which is a question a physician can actually work on. If a quick single-nutrient top-up is all you want, an IM vitamin shot may be the simpler option.

IV TREATMENT

Myers' Cocktail



Illustrative image

The classic multi-vitamin and mineral IV for energy, immunity, and general wellness. The most-requested formula, physician-supervised.

SESSION
45-60 min

ADD-ONS
Add-ons available

PRICE
$175

What's inside

- Saline or Lactated Ringers
- B-Complex, Magnesium, Calcium, Vitamin C

What a Myers' Cocktail Is

The Myers' Cocktail is a classic intravenous infusion combining key vitamins and minerals in a sterile saline solution.

Because nutrients bypass the digestive system, IV administration may offer higher bioavailability than oral supplements in certain situations. It is used as a supportive wellness tool, not as a treatment for any specific disease.

Who Books It

This infusion is often booked by adults seeking general wellness support, help with occasional fatigue, or immune-function maintenance during demanding periods. It is not a cure for any disease. Dr. Patel reviews each individual's health status to determine whether this service is appropriate.

IV TREATMENT

NAD+ Therapy



Illustrative image

Slow-drip NAD+ for cellular energy and recovery support. Dosed and paced by a physician, with packages for a course of sessions.

SESSION
2-4 hr

ADD-ONS
Multi-session packages

PRICE
From $200 intro, 200 mg starter dose

What's inside

- NAD+
- Saline or Lactated Ringers

What NAD+ Is

Nicotinamide adenine dinucleotide (NAD+) is a coenzyme found in every living cell, central to mitochondrial energy production and DNA-repair processes.

It is important to note that human clinical research on supplemental NAD+ is still in early stages. Much of the current understanding draws from preclinical and small-scale studies.

How It's Administered

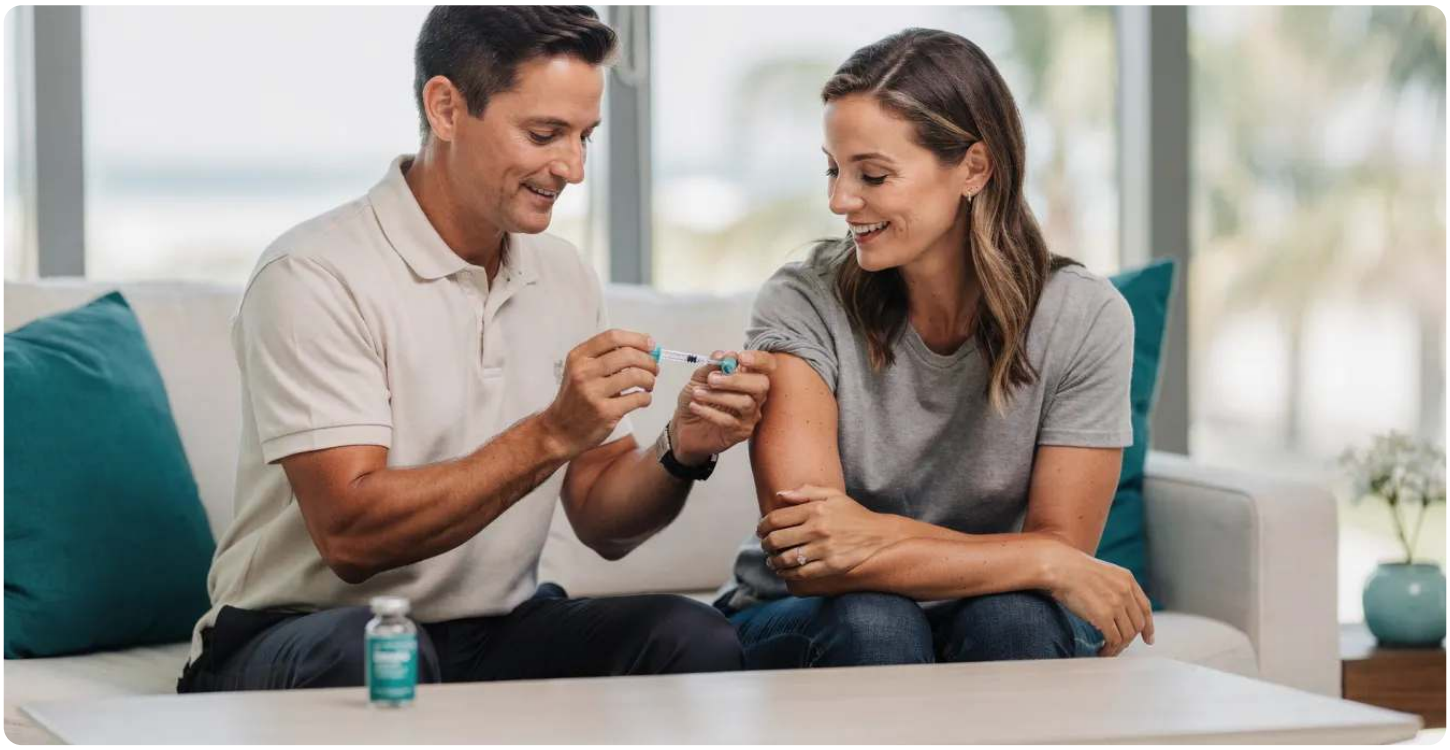
NAD+ is infused slowly, typically over two to four hours, because rapid administration is often uncomfortable. Many patients describe a sensation of warmth, mild chest or abdominal pressure, or a transient flushing, and these ease quickly when the drip rate is adjusted. The session is paced to your comfort, and you remain seated or reclining throughout.

Who Books NAD+

The people who tend to book NAD+ infusions are generally healthy adults with an interest in cognitive wellness, sustained energy, or longevity-focused self-care. NAD+ is not a treatment for any disease, neurodegenerative condition, or addiction, and we do not position it as such.

INJECTION

Vitamin Shots & IM Injections



Illustrative image

Quick intramuscular shots when you want a targeted boost without a full IV: B12, glutathione, vitamin D, lipotropic, and more.

SESSION
10–15 min

ADD-ONS
Add to any IV

What's inside

- B12, Glutathione, Vitamin D, MIC, Vitamin C, Biotin

When a shot makes more sense than a drip

Not every visit needs a full IV. An intramuscular (IM) injection delivers a concentrated dose of a single nutrient in a few minutes, which is ideal when you want a specific boost, a quick top-up between IV sessions, or a standing routine like monthly B12. Because the dose is small and direct, the visit is short.

The difference here is the same one that runs through everything we do: a board-certified internist screens you first. Dr. Patel reviews your history, decides whether a given shot is appropriate for you, and administers it. Vitamin shots support general wellness; they are not a treatment for any specific disease, and what is right for one person is not right for everyone.

IV TREATMENT

Energy Boost



Illustrative image

Our Get Up and Go formula pairs B-vitamins with an amino blend to support energy on a slow day. Useful on a low day, with an honest ceiling.

SESSION
30-45 min

What's inside

- Saline or Lactated Ringers
- Vita-Complex (B-vitamins)
- Amino Blend

How It Helps

The Get Up and Go IV delivers a Vita-Complex of B-vitamins alongside an amino blend, nutrients your body uses to convert food into usable energy, with deep hydration. On a slow, run-down day, that combination can help you feel more like yourself before a demanding stretch.

Dr. Patel reviews your history before every visit and keeps the expectations honest.

Useful, with an honest ceiling

We will say the quiet part out loud: an IV cannot out-run poor sleep, chronic dehydration, or an untreated medical issue, and it is not a stimulant. If you find yourself reaching for an energy drip constantly, the more useful question is why your baseline energy is low, which is something a physician can actually work on. Persistent fatigue deserves a real evaluation, and Dr. Patel will steer you there rather than infuse around it.

IV TREATMENT

Mental Clarity



Illustrative image

Our Brainstorm formula blends alpha lipoic acid, taurine, and B6 to support focus and clarity on a foggy day. Not a cognitive enhancer.

SESSION
30-45 min

What's inside

- Saline or Lactated Ringers
- Alpha Lipoic Acid
- L-Taurine
- Pyridoxine (B6)

How It Helps

The Brainstorm IV combines alpha lipoic acid, taurine, and vitamin B6 (pyridoxine), nutrients involved in normal nervous-system function and energy metabolism, with deep hydration. The goal is to take the edge off a foggy, depleted day so you can think more clearly and get through demanding work.

Dr. Patel reviews your history before every visit and keeps expectations grounded.

Honest about the ceiling

Brain fog usually has ordinary causes: poor sleep, dehydration, stress, skipped meals, or simply too much at once. An IV can support hydration and B-vitamin status and help you feel sharper on a specific low day, but it is not a cognitive enhancer and it does not treat any neurological condition. Persistent or worsening memory trouble, confusion, or focus problems are worth a real medical evaluation, not a standing drip. If that is what you are dealing with, Dr. Patel will say so and point you to the right care.

IV TREATMENT

Pain Relief



Illustrative image

Our Alleviate formula combines calcium, magnesium, and B-vitamins to ease general muscle aches and tension. Not for a specific injury.

SESSION
45-60 min

What's inside

- Saline or Lactated Ringers
- Calcium Chloride
- Magnesium Chloride
- Vita-Complex
- Hydroxocobalamin (B12)

How It Helps

Everyday muscle aches, cramps, and tension often trace back to electrolyte balance and hydration. The Alleviate IV delivers calcium and magnesium, two minerals tied to normal muscle and nerve function, directly into your bloodstream, alongside B-vitamins that support energy metabolism.

Dr. Patel reviews your history and symptoms before every visit and adjusts the formula to fit you. This is supportive care for general aches and tension, not a one-size-fits-all drip.

Honest about what a drip can and cannot do

This IV is built for the dull, general muscle aches and tension that come with dehydration, heat, travel, or a hard week. It is not a treatment for a specific injury or a chronic pain condition. Sharp or localized pain, a new or worsening problem, numbness, or pain after a fall or accident are reasons to be evaluated by a physician, not infused. Part of having a doctor run the visit is that Dr. Patel will tell you when an IV is the wrong answer and point you to the right care.

IV TREATMENT

Weight Loss Support



Illustrative image

Our B-Lean formula pairs taurine with B-vitamins to support energy and metabolism alongside a real weight program. Not a weight-loss treatment on its own.

SESSION
30-45 min

What's inside

- Saline or Lactated Ringers
- Taurine
- Vita-Complex
- Methylcobalamin (B12)

How It Helps

The B-Lean IV delivers taurine and B-vitamins, including methylcobalamin (B12), that play a role in energy metabolism. The aim is simple: help you feel energized enough to stay consistent with the work that actually changes the scale, training, sleep, and nutrition.

Dr. Patel reviews your health history before every visit and sets realistic expectations about where an IV fits in a weight plan.

What this is, and what it is not

Here is the honest part most drip menus skip: an IV does not burn fat and it will not produce weight loss on its own. There is no infusion that substitutes for a calorie deficit, movement, and time. What B-Lean can do is support energy and B-vitamin status so the daily habits feel more sustainable.

IV TREATMENT

Hyperemesis Gravidarum



Illustrative image

Physician-supervised IV hydration and antiemetic support for severe pregnancy nausea and vomiting, coordinated with your OB. Not emergency care.

SESSION

By consultation

What's inside

- IV fluids and electrolytes
- Antiemetic medication as appropriate
- Thiamine

This is supportive care, not emergency care. If you have signs of severe dehydration, are unable to keep down any fluids, have a high fever, abdominal pain, vomiting blood, fainting, reduced urination, or any concern for you or your baby, contact your OB immediately or call 911. Do not wait for an IV appointment.

What hyperemesis gravidarum is

Hyperemesis gravidarum (HG) is severe, persistent nausea and vomiting in pregnancy that goes well beyond ordinary morning sickness. HG is managed by your obstetric team, and any IV care should fit within that plan rather than replace it.

How IV support fits in

For patients whose OB has recommended it, physician-supervised IV therapy can provide hydration and electrolyte replacement and deliver antiemetic medication when oral medication will not stay down. Dr. Patel reviews your history, your pregnancy stage, and your OB's guidance before every visit, and coordinates rather than works around your obstetric care.

MEMBERSHIPS AND PACKAGES

Regular wellness, at a member rate.

If IV therapy is part of your routine, a package or membership is the cheaper way to do it. Every plan is physician-supervised by Dr. Nikash Patel and delivered to your home, office, or hotel across Sarasota.

PAY AS YOU GO

Single session

Pricing on request

One IV or shot visit, no commitment. The right starting point if you want to try a treatment before building it into a routine.

MOST POPULAR

Multi-session packages

Pricing on request

A bundle of visits at a per-session discount. Common for NAD+ courses and anyone on a steady recovery or wellness schedule.

Monthly membership

Pricing on request

A monthly plan with included treatments and member discounts on add-ons and booster shots. Family and couple options available.

Group rates apply for multiple guests at one booking. Ask about current options when you reach out.

PHYSICIAN OVERSIGHT	Every visit is screened and supervised by Dr. Patel, a board-certified internist. Your plan is reviewed as your needs change, not set once and forgotten.
WE COME TO YOU	Members are seen at home, at the office, or at a hotel anywhere in our service area. No clinic trips, no waiting rooms.

How much does a membership cost?

It depends on the plan and how often you want to be seen.

Do I have to sign a long contract?

No. You do not need a membership to book a single visit, and plan terms are explained up front before you commit to anything.

PHYSICIAN-LED CONCIERGE CARE

Concierge functional and preventative medicine

Direct access to Dr. Nikash Patel, MD, a board-certified internist, through a membership built for people who take their health seriously.

Membership tiers

Essential
Inquire for pricing.

MOST POPULAR
Signature
Inquire for pricing.

Elite Concierge
Inquire for pricing.

All tiers are private-pay memberships. No insurance billing.



Illustrative image

CONCIERGE MEMBERSHIP

Care designed around you, not the clock

- Longer visits with time to review your full history, labs, and goals
- Fewer patients per physician, so you are known, not a chart number
- No insurance billing for membership services

This is not health insurance, and it does not replace hospital or emergency coverage.

Built for active, health-focused lifestyles

Our concierge members are people who do not want to wait weeks for answers or settle for rushed visits. They want a physician partner who understands performance, recovery, and prevention.

We work with active adults who treat their health like it matters: country-club members, golf, tennis, and pickleball players, hockey and rugby athletes, and masters competitors. We also serve executives, entrepreneurs, busy professionals, and couples and families.



Illustrative image

FAQ

Common questions about concierge membership

Is this insurance?
No. This membership is not health insurance and does not provide coverage for medical expenses, hospital stays, or emergency care. It is a direct-access relationship with Dr. Patel for concierge functional and preventative services.

Do I keep my regular doctor?
Yes. Concierge membership complements, but does not replace, your existing primary care, specialists, hospital care, or insurance-based coverage.

This page is for educational purposes only and is not medical advice. All clinical services are provided under licensed-physician supervision subject to medical necessity. Membership is not insurance.



Illustrative image

SERVICE AREAS

Where we bring IV therapy to you

Dr. Patel's team travels across the Sarasota-Bradenton metro. From downtown condos to beachside rentals, marina slips to gated communities, we deliver physician-supervised IV hydration wherever you are.



Illustrative image

Sarasota

Florida's cultural capital on the Gulf Coast. Home to the Ringling Museum, St. Armands Circle, and a thriving downtown arts district. We serve homes, hotels, offices, and boats throughout the city and surrounding neighborhoods.

Bradenton

Home to IMG Academy and the Manatee River arts scene. IV therapy for athletes, families, and visitors across Manatee County.

Siesta Key

Hangover recovery, hydration, and wellness IVs delivered to your hotel, rental, or beachside condo.

Lakewood Ranch

One of America's fastest-growing master-planned communities. Wellness-focused IV therapy for active families and golf communities.

Longboat Key

An exclusive barrier island lined with luxury resorts. Private IV therapy for residents, resort guests, and yacht owners.

Venice

The historic island city on the Gulf in southern Sarasota County. Mobile IV therapy for homes, condos, and seasonal rentals across Venice and Nokomis.

Lakeland

A separate destination in Polk County, about 50 miles north of the Sarasota-Bradenton metro. Mobile IV therapy for homes, hotels, and offices across the Lakeland area.

Not sure we cover you?

We serve the entire Sarasota-Bradenton metro. Call us and we will confirm availability at your location. **863.838.7825**

VISITS, SAFETY AND PAYMENT

Frequently asked questions

Can you customize a drip for me?
Yes. Dr. Patel will discuss your symptoms and goals, then adjust vitamin concentrations, add amino acids or glutathione, and modify fluid volumes to match.

Can you come to Siesta Key or Longboat Key?
Yes, both are in our primary service area. We go to hotels, resorts, and vacation rentals on both keys regularly.

What makes Sarasota IV Doctors different?
We're led by a physician-internist with 15+ years of hospital experience, not a franchise or nurse-only operation. Dr. Patel designs every protocol and oversees all clinical decisions.

Who should NOT get IV therapy?

- Patients with congestive heart failure
- Severe kidney disease
- Certain electrolyte imbalances
- Known allergies to specific IV ingredients

We screen for all of these before treatment.

What is Dr. Patel's background?
Dr. Nikash Patel is a Doctor of Medicine specializing in internal medicine. He trained at Medstar Union Memorial Hospital and has 15+ years of hospital-based clinical experience in fluid management and nutrient optimization.

What is your charter/boat IV service?
We come to you dockside or on board at any Sarasota-area marina. Same full IV service, just on the water.

Do you offer membership or package discounts?
Yes. Monthly membership plans include treatments and booster discounts. We also do group rates for parties and corporate events. Contact us for pricing.

Is there a travel or call-out fee?
Mobile delivery across our core Sarasota service area is built into your treatment price. For outlying locations or after-hours visits, just ask when you book and we will confirm any travel fee before your appointment.

Can I get IV therapy while pregnant?
Possibly, but you'll need clearance from your OB-GYN first. Dr. Patel will coordinate with your prenatal care provider before proceeding.

Do you take insurance or HSA/FSA?
Elective IV therapy is self-pay. On request we can provide a detailed receipt (superbill) that you may submit for possible HSA/FSA or out-of-network reimbursement; any reimbursement is yours to pursue.

SARASOTA IVDOCTORS

READY TO SCHEDULE?

Book your IV

Call or text 863.838.7825

Book online
sarasotaivdoctors.com/contact

2100 S Tamiami Trl, Sarasota, FL 34239
info@sarasotaivdoctors.com



Illustrative image

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